

Florida Health Literacy Grant Initiative

2017 Post- Assessment: Staying Healthy for Beginners

Please record answers on the separate bubble answer sheet. Read each test question and fill in the answer circle that has the letter of the correct answer.

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1. **What number should you call if there is an emergency?**
 - A. 211
 - B. 411
 - C. 911

2. **A health history form helps a doctor know about a patient's:**
 - A. health insurance
 - B. you and your family's health problems
 - C. your health questions

3. **Obesity means:**
 - A. being underweight
 - B. being a healthy weight
 - C. being very overweight

4. **When you go to the doctor, you pay a set fee and your insurance pays the rest. This *set fee* is called:**
 - A. premium
 - B. co-pay
 - C. referral

5. **Which food has more sodium?**
 - A. chicken noodle soup
 - B. fresh tomatoes
 - C. bread

6. A person who feels well and goes to the doctor is having a check-up.

- A. True
- B. False

7. Vitamins are a nutrient.

- A. True
- B. False

8. Over-the-counter (OTC) medicines can have side effects.

- A. True
- B. False

Select the correct letter choice from the medicine label for questions 9-12.

BAKER, CLEMENTINE	16 Apr 2017
RX# FF941858	Dr. KHAN DO
Tetracycline	
250MG/tablet	30 round white tablets
Take 1 tablet in the morning and 1 at night.	
2 Refills	

9. How often should this medicine be taken?

- A. once per day
- B. twice per day
- C. three times per day

10. Whose prescription is this?

- A. Tetracycline
- B. Clementine Baker
- C. Dr. Khan Do

11. How many tablets should be taken per day?

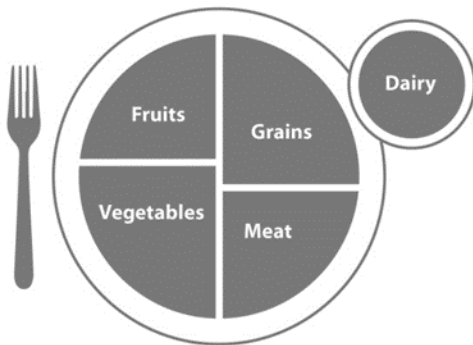
- A. 1
- B. 2
- C. 30

12. What is the name of this medicine?

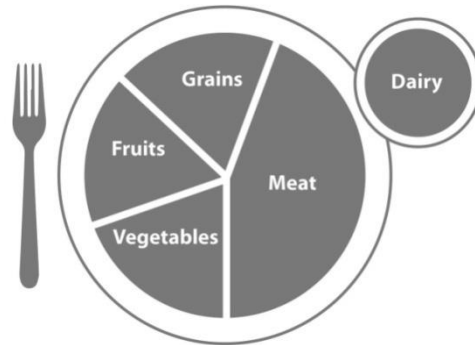
- A. Tetracycline
- B. Clementine Baker
- C. Dr. Khan Do

13. Which picture shows the healthiest diet?

A.



B.



Please turn in answer sheet and test to your instructor. Thank you for participating!